

www.BethesdaWorkshops.org

LEADERS

Most workshops are staffed by a combination of male and female leaders. Specific information about workshop clinicians is available on our website.

“I received hope and tools
I never had before.”

TYPES OF WORKSHOPS OFFERED

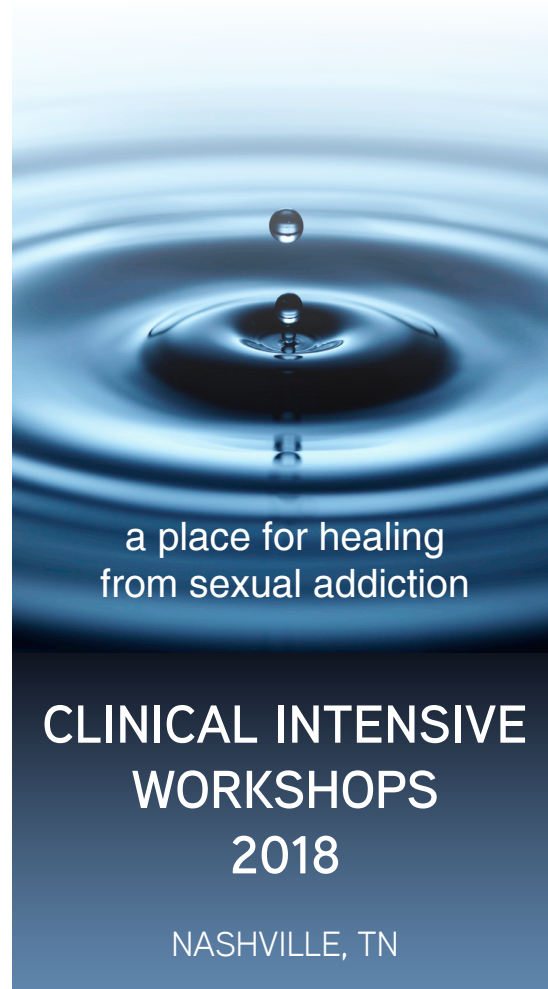
- Male sex and love addicts
- Female sex and love addicts
- Partners of sex and love addicts
- Addict /partner couples
- Teen females and parents

All workshops are group format, which is the treatment of choice for addiction.



Bethesda Workshops
1035 Acorn Dr.
Nashville, TN 37210
615-467-5610

info@bethesdaworkshops.org



CLINICAL INTENSIVE WORKSHOPS 2018

NASHVILLE, TN

www.BethesdaWorkshops.org

BETHESDA WORKSHOPS DIRECTOR



MARNIE C. FERREE, M.A.

Licensed Marriage
& Family Therapist

Certified Sex Addiction Therapist

Marnie is a national leader concerning sexual addiction, particularly in women. The workshop program she established in 1997 for female sex addicts was the first of its kind in the country, and her book *No Stones: Women Redeemed from Sexual Addiction*, was the first Christian book to address the issue among females. She is also the volume editor and contributing author of *Making Advances - A Comprehensive Guide for Treating Female Sex and Love Addicts*, which is the first clinical book on this topic.

Marnie founded Bethesda Workshops in 2001 and has directed the program since its beginning. Under her leadership the services expanded to include male sex addicts, partners of sex addicts, and couples struggling with sexual addiction. A new offering is a workshop for teen girls and their families, which again is the first of its kind. Marnie is active in every workshop.

She speaks widely to professional conferences, churches and schools and is the author of numerous clinical and inspirational articles. She has earned the designation Certified Sex Addiction Therapist (CSAT) through the International Institute of Trauma and Addiction Professionals, which is the highest certification in the field.

MISSION

To provide a place for healing for those damaged by pornography and other forms of sexual addiction; and to provide training for professionals who work with sex addicts and their loved ones.

WHAT SETS US APART

- Christian based treatment (non-denominational, grace based)
- Facilitated solely by licensed clinicians; majority are Certified Sex Addiction Therapists (CSATs)
- Similar intensive workshops available for sex addicts, partners and couples
- Teen females who are acting out can find help along with their parents
- Convenient 4-day workshop program provides huge jumpstart or boost to recovery process
- Multiple staff at each workshop offer different styles and therapeutic expertise
- Affordable fee includes all lodging and meals for duration of workshop
- No interest payment plans and limited scholarships available

“Thank you doesn’t begin to say enough! This workshop was life-changing. I have hope and a plan for the future.”

WORKSHOP OFFERINGS

2018 dates and times (Central Time)

| | |
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| <p>HEALING FOR MEN</p> <p>for men who personally struggle with pornography, sex, love or relationship addiction</p> | <p>WEDNESDAY, 1:00 PM - SATURDAY, 4:00 PM</p> <p>January 17-20 August 22-25 March 14-17 October 10-13 May 16-19 December 5-8 July 11-14</p> |
| <p>HEALING FOR WOMEN</p> <p>for women who personally struggle with pornography, sex, love or relationship addiction – NOT the partner of an addict</p> | <p>WEDNESDAY, 1:00 PM - SATURDAY, 6:00 PM*</p> <p><i>*NOTE: Women's workshop ends at a different time than the Healing for Men workshop.</i></p> <p>February 7-10 September 12-15 April 25-28 November 7-10 July 25-28</p> |
| <p>Healing for Women and Healing for Partners Workshops are held simultaneously. Some core teaching and activities are conducted jointly. Specific material and all small groups are separate, and participants are paired with a roommate from your workshop.</p> | |
| <p>HEALING FOR PARTNERS</p> <p>for individuals who are in significant relationship with a sex or relationship addict <i>(attendees are wives and husbands of addicts, ex-spouses, or anyone connected with a sex or relationship addict)</i></p> | <p>WEDNESDAY, 1:00 PM - SATURDAY, 6:00 PM*</p> <p><i>*NOTE: Partners' workshop ends at a different time than the Healing for Men workshop.</i></p> <p>February 7-10 September 12-15 April 25-28 November 7-10 July 25-28</p> |
| <p>HEALING FOR COUPLES*</p> <p>for couples struggling with sexual addiction <i>*Prerequisite: Each spouse must have come to his/her own individual workshop before attending the Healing for Couples workshop.</i></p> | <p>THURSDAY, 10:00 AM - SATURDAY, 6:00 PM</p> <p>March 1-3 October 25-27 June 28-30</p> |
| <p>HEALING FOR TEEN FEMALES & PARENTS</p> <p>for females ages 13-20 PARENTS MUST ATTEND with their daughter</p> | <p>WEDNESDAY, 1:00 PM - SATURDAY, 3:00 PM</p> <p>April 11-14 August 8-11 June 13-16 September 26-29</p> |

Group process alternates between groups of families and separate groups of parents and teen girls.

Help Now Available for Teen Females and Their Parents

A new intensive workshop has been designed to help teen females and their families!

- Geared for females ages 15-18 who are acting out sexually
- Parents **MUST ATTEND** with their daughters
- Group process of multiple families boosts the healing process
- Girls and parents connect with peers for support and accountability
- Active and experiential process keeps teens engaged and lowers defenses
- Safe and structured environment for healthy communication

GENERAL WORKSHOP TOPICS

Powerlessness
 Unmanageability
 Family of origin issues
 Childhood trauma
 Attachment
 Cycle of addiction
 Partners trauma
 Partners coping cycle
 12 Step recovery
 Boundaries
 Rebuilding trust
 Healthy relationships
 Communication
 Healthy sexuality
 Spirituality

“The workshop was worth 5x the cost.”

FINANCIAL INFORMATION

INDIVIDUAL WORKSHOPS:

Healing for Men/Women/Partners
 Fee: \$2,750
 Deposit: \$600 (non-refundable)

COUPLES WORKSHOPS:

Healing for Couples*
 Fee: \$4,000 (per couple)
 Deposit: \$1,000 (non-refundable)

**Each spouse must have attended his/her own workshop.*

TEEN FEMALES WORKSHOP:

Healing for Teen Females & Parents
 Fee: \$6,000 (per family)
 Deposit: \$2,000 (non-refundable)

FINANCIAL DETAILS

- Fee includes all lodging and meals
- Non-refundable deposit required for registration
- Half of total fee due before workshop
- Payment plans and limited scholarships available
- Financial package available for all three workshops
- Deposit transferable to the next workshop with advance notice. Transfer fee may apply and varies by workshop
- Prices and terms subject to change
- See website for more details

Complete information about financial options and policies is available at www.BethesdaWorkshops.org